



Associazione Sportiva Dilettantistica Val Veddasca e Molinera running

REGOLAMENTO

MAY 6th, 2018

KM 50,6 D+ 3510 M - KM 25,6 D+ 1630 M

TAKING PART TO LAGO MAGGIORE INTERNATIONAL TRAIL YOU DECLARE TO HAVE READ AND UNDERSTOOD ITS OFFICIAL RULES AND TO ACCEPT THEM WITH NO EXCEPTION.

1 - GENERAL INFORMATION

The LAGO MAGGIORE INTERNATIONAL TRAIL and il LAGO MAGGIORE INTERNATIONAL mini TRAIL are organized by A.S.D. Val Veddasca e MolineraRunning.

This event is patronized by Provincia di Varese, Comunità Montana Valli del Verbano e dei Comuni di Maccagno con Pino e Veddasca / Tronzano Lago Maggiore / Curiglia con Monteviasco / Dumenza (facenti parte della Provincia di Varese).

There are two competitive Races:

****LAGO MAGGIORE INTERNATIONAL TRAIL (LMIT) 50,6 Km con 3510m D+ :***

- ITRA 3, for l'UTMB 2019 ("The North Face® Ultra-Trail du Mont-Blanc®"), for CCC ("Courmayeur-Champex-Chamonix CCC®") and for the TDS ("Sur les Traces des Duces de Savoie");

- The winner will be flagged as Ultra Sky Marathon Italia 2018 Champion;

****LAGO MAGGIORE INTERNATIONAL mini TRAIL (LMIminiT) 25,6 Km con 1630m D+ :***

- ITRA 2, for CCC 2019 ("Courmayeur-Champex-Chamonix CCC®"), and for the TDS ("Sur les Traces des Duces de Savoie") e per OCC.

2 - PRIZES

There are no money prizes. Prizes are amountable.

Prizes are awarded in nature/ technical accessories / technical clothing / cups.

At the end of the race, however, general rankings are drawn up with times and published on the WWW.VMRUNNING.COM site. The only categories are "men" and "women".

We will award:

- The first 10 men and the first 10 absolute women of the two Trail (regardless of any type of membership);
- The youngest and the oldest absolute trailers (man and woman) enrolled in the two races;
- The first man and the first absolute woman of every category of both races;

3 - CATEGORIES

With regard to entry and stay in the category, the trailers of both sexes must refer to the birthday (not to January 1).

Categories are defined as follows:

Futuro 17 y.o. (from 17 years old to less than 18) – category valid for Lago Maggiore International mini Trail only;

Juniore 18-19 y.o. (from 18 years old to less than 20);

Master-M M20 (20-24 y.o.), **M25** (25-29 y.o.), **M30** (30-34 y.o.), **M35** (35-39 y.o.), **M40** (40-44 y.o.), **M45** (45-49 y.o.), **M50** (50-54 y.o.), **M55** (55-59 y.o.), **M60** (60-64 y.o.), **M65** (65-69 y.o.), **M70** (70-74 y.o.), **M75** (75-79 y.o.), **M80** (80-84 y.o.) ecc.

Master-F F20 (20-24 y.o.), **F25** (25-29 y.o.), **F30** (30-34 y.o.), **F35** (35-39 y.o.), **F40** (40-44 y.o.), **F45**

4 – PATH

The paths, which are listed below, are classified as follows:

“LMIT”: **BLU stamp** C.A.I. definition: “E - Hiking trail. Itinerary that takes place almost always on paths or on various terrain (pastures, debris, stone) with alerts. It develops, sometimes, on open but not difficult terrain. It can take place on steep slopes. ”

“LMIminiT”: **BLU stamp** C.A.I. definition: “E - Hiking trail. Itinerary that takes place almost always on paths or on various terrain (pastures, debris, stone) with alerts. It develops, sometimes, on open but not difficult terrain. It can take place on steep slopes. ”

Those two races don't have any path with mountaineering difficulties.

The "LMIT" route follows an itinerary crossing the territory of Municipalities of Maccagno con Pino e Veddasca (VA), Tronzano Lago Maggiore (VA), Curiglia con Monteviasco (VA), Dumenza (VA) and a short mountainous area of Cantone Ticino (Svizzera), in particular:

- **Start : Maccagno con Pino e Veddasca (Campo Sportivo) - 206 m**
- Garabiolo (Maccagno con Pino e Veddasca) - 566 m
- Alpe Inent - 704 m

- Pozzo Piezometrico Enel/Ristoro Lago Delio - 932 m
- Bassano (Tronzano Lago Maggiore) - 532 m
- Monti di Bassano - 957 m
- Diga Nord Lago Delio - 950 m
- Monti di Pino - 886 m
- Alpe Quadra - 1154 m
- Passo Forcora - 1200 m
- Monte Sirti - 1329 m
- Passo Fontanarossa - 1390 m
- Sasso Corbaro - 1528 m
- Località Montereccchio - 1329 m
- Lozzo (Maccagno con Pino e Veddasca) - 874 m
- Piero (Curiglia con Monteviasco) - 614 m
- Ponte di Piero - 549 m
- Monteviasco (Curiglia con Monteviasco) - 926 m
- Rifugio Capanna Merigetto (CAI Germignaga) - 1498 m
- Passo Agario (Svizzera) - 1556 m
- Monte Magino (Svizzera) - 1589 m
- Poncione di Breno (Svizzera) - 1654 m
- Monte Lema (Svizzera-Italia) - 1620 m
- Alpe Pian di Runo (Dumenza)- 1337 m
- Prato Bernardo – 1096 m
- Rifugio Dumenza Alpe Bois (CAI Luino) – 941 m
- Pezzacce
- **Arrivo : Dumenza (Centro Sportivo Carà) – 411 m**

TECHNICAL FEATURES: asphalt 3 % - footpaths 97 %.

The route of the "LMIminiT" race follows the an itinerary crossing the territory of Municipalities of Maccagno con Pino e Veddasca (VA), Curiglia con Monteviasco (VA), Dumenza (VA) and for a short mountain path of Cantone Ticino (Swiss), in particular:

- **Start : Maccagno con Pino e Veddasca (Campo Sportivo) - 206 m**
- La Campagnetta (Dumenza) – 536 m
- Alpe Roccolo – 793 m

- Pragaletto – 979 m
- Alpe Arasio (Svizzera) – 1409 m
- Monte Lema (Svizzera-Italia) - 1620 m
- Alpe Pian di Runo (Dumenza)- 1337 m
- Prato Bernardo – 1096 m
- Rifugio Dumenza Alpe Bois (CAI Luino) – 941 m
- Pezzacce
- **Arrivo : Dumenza (Centro Sportivo Carà) – 411 m**

TECNAL DETAILS: asphalt 2 % - footpath 98 %.

In both Trail the kilometers are not marked. Regarding this, it is recommended that you study the description of the path provided by the Organization and download it from the official website.

You will also find Tracks on the official website.

Competitors must strictly comply with the race path marked by signs of orange biodegradable paint (2 vertically or horizontally overlapped bars or arrows), palettes with yellow rod or black yellow stick.

Any signs of different colors must be neglected as they indicate routes outside the Lago Maggiore International Trail.

In case you do not meet for about 300 meters around the above signs you have to go back to make sure you are on the correct path. Departing from the official track will lead you to disqualification and will be at your sole risk and danger.

5 - SUBSCRIPTIONS

To subscribe to Lago Maggiore International Trail tyou have to be at least 18 years old.

To subscribe to Lago Maggiore International mini Trail you have to be at least 17 years old.

Subscriptions will start on November 1st, 2017 and will close at 12pm of 24:00 of April 28th, 2018(**or at 550 subscribers**).

Subscription is personal and definitive, it is valid only for the selected race, no Race Number exchanges and / or name replacements are allowed.

Subscription closing will be announced on the WWW.VMRUNNING.COM website and no further registrations will be accepted at that time.

On the site will also be published the updated runners list.

To subscribe to **LMIT** you have to:

- be aware of the length and characteristics of the race;
- be perfectly trained to face it;
- have acquired, before the race, a real capacity for personal autonomy in the mountains in order to best manage the problems caused by adverse weather conditions (wind, fog, rain, cold, snow);
- to be able to face phisical and mental diseases due to great fatigue, muscle or joint pains, small wounds etc .;
- be aware that the role of the Organization is not to help a runner handle these problems.

6 - SUBSCRIPTION FEES

Subscription fees for Lago Maggiore International Trail are:

- € 23 from November 1st, 2017 to December 31st, 2017;
- € 28 from January 1st, 2018 to March 31st, 2018;
- € 34 from April 1st, 2018 to April 28th, 2018;
- **€ 38 waiting list (only if Race Numbers will be available still).**

Subscription fees for Lago Maggiore International mini Trail are:

- € 20 from November 1st, 2017 to December 31st, 2017;
- € 25 from January 1st, 2018 to March 31st, 2018;
- € 31 from April 1st, 2018 to April 28th, 2018;
- **€ 35 waiting list (only if Race Numbers will be available still).**

Attention please : In case you won't be able to take part to the Race due to personal reasons, you will have the right to use the 50% of your subscription fees to pay part of the 2019 subscription fees. To gain this right, you will have to send an email to: veddascamoliner@gmail.com WITHIN THE MIDNIGHT OF APRIL 28th, 2018.

Subscription fees include:

- Meal Ticket to use at the **“Finish Line – Centro Sportivo Carà di Dumenza”** (main dish + side dish + water/orange juice/coke/beer/wine);
- a coffee;
- one free photo;
- a package with gifts from Veddasca Molinera Running and from our Sponsors;
- Restauration Points along the race path;
- timekeeping by Wedosport;
- health care;
- showers + changing room;

- free bus service from Centro Sportivo Carà di Dumenza to Maccagno con Pino e Veddasca (the service is free for runner's crew too) – see art. n°17;
- personal bag transfer (with reserve clothes) from Maccagno con Pino e Veddasca to the Finish Line (Centro Sportivo Carà di Dumenza)– see art. n° 16;
- possibility to sleep in the Public Gym of Maccagno con Pino e Veddasca (limited spots available, reservation mandatory).

7 - HOW TO SUBSCRIBE

ON LINE, PAYING VIA BANK TRANSFER

- [Click here to subscribe Online](#)
- Bank Transfer Payment, **with bank fees at your charge**, to:
A.S.D. VAL VEDDASCA E MOLINERA RUNNING, Via Europa, 7/B – 21010 Tronzano Lago Maggiore – VARESE;
- C/C IBAN- IT95K0311150401000000005001

PLEASE INSERT INTO DESCRIPTION FIELD OF PAYMENT “Subscriber’s First Name and Last Name”.

- The receipt of the payment (bank transfer) must be uploaded during the online registration process.
- We will verify your subscription and validate it by posting it into the official list on our website

DIRECT SUBSCRIPTION PAYING BY CASH at:

- **PROLOCO MACCAGNO**

Viale Giuseppe Garibaldi, 1 – MACCAGNO (VARESE)
telefono 0332.562009 www.prolocomaccagno.it – info@prolocomaccagno.it

We will verify your subscription and validate it by posting it into the official list on our website

SUBSCRIPTION VIA CREDIT CARD/PAYPAL:

- [Click here to subscribe via Credit Card/Paypal \(additional fee of € 1,50 / subscription due to Paypal Handling Costs\)](#)

Please feel free to contact us if you have any trouble in managing the subscription form, sending an email to : VEDDASCAMOLINERA@GMAIL.COM

8 - RACE CHANGE

If an athlete, for exceptional reasons, needs to change the race, the procedure to follow is as follows:

- the Athlete must submit to the Organization, by email, a request for a change of tender only after regularizing any payment difference in favor of the Organization.

9 - MEDICAL CERTIFICATION

In order to get your Race Number, you have to present a photocopy of the sports medical certificate for competitions with a valid on May 6th, 2018 and a valid Document of Identification.

The certificate must be presented only at time of Race Number withdrawal and must not be sent to the organization by e-mail, fax or mail.

It is not necessary and much less sufficient to present the FIDAL or other Federation or Sports Promotion Body.

Competitors not providing a copy of medical certificate for the competitive event won't be allowed to take part to "LMIT" and "LMIminiT" .

For foreign athletes, the corresponding certificate issued in the country of origin is valid.

10 - RACE NUMBER AND PACKAGE WITHDRAWAL

Race number and package withdrawal will take place at the "Parco delle Feste" (close to the Sport Field) of Maccagno con Pino e Veddasca :

Saturday May 5th, 2018 :

From 3:00pm to 6:00pm **LMIT and LMIminiT race number and package withdrawal;**

From 3:00pm to 6:00 latest LMIT e LMIminiT subscriptions (...only if there will be race numbers available still).

Sunday May 6th, 2018:

From 6:30am to 7:30am **LMIT race numbers and package withdrawal;**

From 8:15am to 9:15am **LMIminiT race numbers and package withdrawal;**

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11 – RACES START

Competitors will have to appear for the punctuation at the Wedosport Timekeeping stand, set close to the starting line within:

- 7:40am for **LMIT** (race starts at 8:00am);
- 9:25am for **LMIminiT** (race starts at 09:45am).

12 - RACE AND SECURITY ASSISTANCE

Assistance and security is handled and managed by the organizers, in collaboration with:

- Ass. Nazionale Alpini/Sez. di Luino – Gruppi Dumenza/Due Cossani/Curiglia/Monteviasco;
- Associazione Nazionale Carabinieri – Sezione di Castelveccana;
- Associazione Gruppo Amici di Monteviasco;
- CAI/Sezione di Germignaga;
- CAI/Sezione di Luino;
- Circolo ACLI di Garabiolo (Maccagno con Pino e Veddasca);
- Cooperativa Costa Sorriso di Maccagno con Pino e Veddasca;
- Corpo Nazionale Alpino e Speleologico/Stazione di Varese;
- Nucleo Protezione Civile e Ambiente Carabinieri in Congedo – Provincia di Varese;
- Protezione Civile di Maccagno con Pino e Veddasca;
- Protezione Civile di Tronzano Lago Maggiore;
- Protezione Civile Intercomunale Val Dumentina;
- Pro Loco Dumenza;
- Pro Loco di Maccagno con Pino e Veddasca.

An ambulance will be set close to the finish line.

To take part to LMIT you need to have good skills in orientiring and self-management in mountain, even in critical conditions.

Any athlete injured or in difficulty can require aid:

- submitting to an official checkpoint or at the Path Assistants;
- calling the organization number (+39 327 9303569);
- asking another athlete to alert the rescue.

It is compulsory and mandatory to provide assistance to all persons in difficulty and, if necessary, to alert the rescuers. In case a competitor loses time to assist another wounded or troubled competitor, he can ask the Race Jury to reduce the time spent on the official ranking.

13 - OBLIGATIONS AND ADVICE (COMPULSORY MATERIAL)

It is important to know that in case of need for rescue, the area's morphology or the weather conditions may make rescuers to wait longer than expected. Security will then depend on the material you will have in the backpack or the bag.

All Runners taking part to **LMIT** e **LMIminiT** have to bring the following **MANDATORY** stuff:

“LMIT”

- cellphone with organization numbers saved in memory (**+39 327 9303569**) – mandatory;
- Identity document – mandatory;
- At least 1 lt of liquid – mandatory;
- Race number full visible – mandatory;
- Windproof jacket suitable to withstand bad weather conditions in the mountains (subject to obligation by the Organization);
- thermal blanket – mandatory;
- front torch (subject to obligation by the Organization);
- food reserve – mandatory;
- emergency whistle – mandatory;
- Path map (you can download it for free from WWW.VMRUNNING.COM or you can buy it onsite at 0,50€) or the path track, available online – mandatory;
- Shoes for trail running (known as A5, are the ideal shoes for this Race) – strongly suggested;
- Hat or bandana – strongly suggested
- trousers or pants covering the knee, can limit abrasion damage to an accidental fall - strongly recommended;
- telescopic sticks - strongly recommended;
- 20 euro (or 20.- CHF svizzeri) in case of unexpected events – strongly suggested;
- glass or personal cup since there are no glasses of any kind in the restauration points– strongly suggested.

“LMIminiT”

- cellphone with organization numbers saved in memory (**+39 327 9303569**)– mandatory;
- At least 1 liter of liquids - mandatory;
- Race number full visible – mandatory;
- Identity Document – mandatory;
- Windproof jacket suitable to withstand bad weather conditions in the mountains (subject to obligation by the Organization)
- thermal blanket – mandatory;

- food reserve – mandatory;
- emergency whistle – mandatory;
- Path map (syou can download it from WWW.VMRUNNING.COM or you can buy it onsite at 0,50€) or path track, available online – mandatory;
- telescopic sticks - strongly recommended;
- trousers or pants covering the knee, can limit abrasion damage to an accidental fall - strongly recommended;
- Shoes for trail running (known as A5, are the ideal shoes for this Race) – strongly suggested;
- Hat or bandana – strongly suggested;
- 20 euro (or 20.- CHF svizzeri) for unexpected events – strongly suggested;
- glass or personal cup since there are no glasses of any kind in the restauration points– strongly suggested.

PLEASE NOTE...Before the start of the race a Staff member will make random controls about mandatory stuff. If you will be found without any mandatory stuff, you will be disqualified and you won't be allowed to take part to the Race.

14 - PENALTIES AND DISQUALIFIES

Organizers on the path are allowed to verify compliance with the regulations by runners and to report to the jury about the violations found. The jury will apply penalties according to the following table. Time penalties are applied immediately at the end of the race or in the following days with the addition of time on the official ranking.

| RULE INFRINGEMENT | PENALTY/ DISQUALIFY |
|---|---------------------|
| To abandone waste on the path | disqualify |
| To depart from a control point after time limit | disqualify |
| Cutting off more than 2 Km of path | disqualify |
| Not to pass for a control point | disqualify |
| Refuse to be controlled/checked | disqualify |
| Lack of mandatory stuff | disqualify |
| Cheats: sharing a transport or a Race Number or exchanging Race Numbers | Disqualify for life |
| Insults and threats to volunteers or employees of the Organization | Disqualify for life |
| Refusing to help a runner in troubles | disqualify |
| Assistance of personal crew (allowed only at the restauration points) | penalty: 1 hour |
| Cutting off less than 2 Km of path | penalty: 1 hour |
| Race number not fully visible | penalty: 15 minutes |

15 - PARTENZA E ARRIVO

The Races, both **LMIT** and **LMIminiT** , will start from Maccagno con Pino e Veddasca (VARESE) at the “Parco delle Feste” (close to the Sport Field).

The Finish Line of both **LMIT** e **LMIminiT** will be in Dumenza (VARESE) at “Centro Sportivo Carà” (close to the Sport Field).

16 –TRANSFER OF BAGS

Runners taking part to **LMIT and LMIminiT (from 06:30 am to 09:15 am of Sunday)** will have to possibility to deposit a bag containing clean clothes. This bag will be carried by our Staff to the Finish Line Hubble at (Centro Sportivo Carà – Dumenza),

Runners are allowed to deposit **ONLY** bags containing clothes to be weared during the post-race.

We will take the maximum care of your bags, but please remember that we won't guarantee their safety and or integrity.

PLEASE NOTE: the **ONLY** way to have bags returned will be to show us your Race Number.

17 – BUS SERVICE

Runners taking part to **LMIT and LMIminiT (and their crew)** will have to right to use a free bus service to be carried from the Finish Line Zone /Centro Sportivo Carà di Dumenza to Maccagno con Pino e Veddasca (**service will be available from 2pm to 8pm of Sunday**)

On Sunday May 6th, runners crew will have to right to use a free bus service to carry them from Maccagno con Pino e Veddasca to Dumenza. This service will be available from 10am to 11am.

Free Bus Service will be provided by “Autolinee Varesine s.r.l.” – Varese.

18 - TIME LIMIT

Time Limit to reach the Finish Line is 11h for**LMIT** and 5:45hours for**LMIminiT**.

There is a "broom service" that will track the track following the last competitor, in order to help any retired runner and to avoid any injuries remaining without assistance.

LMITcomes with the following “Time Gates”:

- at 11:05am Monti di Bassano (km 13,1 time-limit 3h05’);
- at 3:00pm Monteviasco (km 31,8 time-limit 7h);
- at 6:15pm Rifugio Dumenza Alpe Bois (km 45,6 time-limit 10h15’).

We reserve the right to make random surprise Race Numbers controls during LMIT.

LMIminiT comes with the following “Time Gates”:

- at 12:15 Convento Monaci Benedettini (km 10,5 time limit 2h30’);
- at 2:45pm Rifugio Dumenza Alpe Bois (km 20,6 time limit 5h).

We reserve the right to make random surprise Race Numbers controls during LMIminiT.

Athletes who pass the gates beyond the maximum time will be able to continue delivering the pectoral but without assistance.

Time Gates Points are reachable by car and/or by Civil Protection's service. This means that an athlete unable to go on with the Race will be able to retire at these Points.

If you retire during the race, you have to notify the race staff set along the route as soon as possible and to deliver your race number; after that you can continue to race under your sole responsibility and in full autonomy.

If there is no notice of your retirement and there's a consequent start of searches, any resulting expenses will be charged to you.

If you retire from the race you agree to be carried away from your retirement place accordingly to our times and needs. You will be carried away urgently only for medical needs.

19 - SEMI SELF-SUFFICIENCY

Semi self-sufficiency is the capacity to be self-sufficient between restoration points for as regards equipment and food/drinks.

Taking part to LMIT and LMIminiT you agree that self-sufficiency is the base of our Races, notwithstanding the fact that along the path you'll find many points providing water and restoration (see art. 20)

20 - RESTAURATION POINTS

The race takes place with water-food assistance.
There will be the following Restoration Points:

LMIT Path:

- Monti di Bassano (km 13,1) / liquid + solid;
- Monti di Pino (km 17) / natural water;
- Passo Forcora (km 21,5) / natural water;
- Monterecchio (km 26,5) / natural water;;
- Lozzo (km 28,4) / natural water;;
- Piero (km 30,3) / liquid + solid;
- Monteviasco (km 31,8) / natural water;;
- Rifugio Capanna Merigetto (km 34,6) / natural water;;
- Monte Lema (km 40,5) / liquid + solid;

LMIminiT Path:

- Convento Monaci Benedettini (km 10,5) / liquido + solido;
- Monte Lema (km 16,5) / liquido + solido;

Athletes will have to throw garbage into the containers available at the restoration points

Anyone who will be surprised to throw something out of the containers will be disqualified.

21-ENVIRONMENT



Competitors have to respect the Alpine environment, avoiding, in particular, dispersing waste, collecting flowers, or harassing wildlife. Anyone who will be surprised to abandon waste along the route will be disqualified from the race and will incur any sanctions provided by municipal rules.

22 - WEATHER

The race will take place with any weather condition. In case of significant weather events (thunderstorms, snow), the Organization reserves the right to also make last minute variations of the route in order to eliminate any dangers or conditions of great discomfort for the participants. Any changes will be communicated to the participants and reported by the staff.

23 - GYM AND SHOWERS

You'll find bridles or mats. at the Public Gym of Maccagno con Pino e Veddasca, via Oliari nr.1, non sono fornite brandine o stuoie.

The gym and showroom are not surveilled, so the Organization is not liable for any theft or damage to items left unattended.

It is mandatory to leave the the gym and showers as you found them, with no waste and cleaning the spaces, equipment and services used.

24 - ASSURANCE

The Organization is the holder of a civil liability insurance policy that protects the participants throughout the trial period.

Rescue, Aid and Bringing-Back fees are at your charge. We warmly suggest you to make an assurance, in particular for as regards Aid and Elicopter Rescue Fees.

25 - DECLARATION OF RESPONSABILITY

The voluntary registration and the consequent participation in the race indicate the full acceptance of this regulation and any changes made. By enrolling, you exempt Organizers from any liability, both civil and criminal, for damages to persons and / or things caused by you to you. For minors involved, such a statement is issued by a parent or by a people legally allowed at time of the withdrawal of the race number and pack.

26 - RELEASE FORM

At time of withdrawing your Race Number, you have to sign up for a release form. For minors participating to the Race, this declaration will be signed by a parent or by a person legally allowed.

27 - RIGHTS ON IMAGES

By signing up, the Runners authorize the Organization to use free of charge, without territorial limits and time, of images that portray them while participating to "Lago Maggiore International Trail" and "Lago Maggiore International mini Trail".

28 - PRIVACY POLICY

The data provided will be processed in accordance with the provisions of Legislative Decree 30.06.2003 nr. 196 and used solely for the purpose of the Race.

29 - TIMEKEEPING

Timekeeping will be provided by Wedosport.

30 - COMPLAINTS

Complaints will be accepted only if deposited within 30 minutes of the last competitor's arrival time , with a € 50.00 security deposit.

31 - JURY

The jury is composed of:

- by the Race Director;
- by the coordinator responsible for security;
- those responsible for the checkpoints (time gates + Race Numbers Controllers) of the area concerned;
- by all competent persons designated by the Chairman of the Organizing Committee.

The jury is empowered to deliberate at a time compatible with the requirements of the race on all quarrels or disqualifications that occurred during the race. The decisions taken are without appeal.

32 – CHANGES

The Organizing Committee reserves the right to amend this Regulation at any time for any reason appropriate for a better organization of the competition. Any changes to timetables, services and locations, as well as eventual cancellation of the race and how the refunds will be made, will be communicated on the event website:WWW.VMRUNNING.COM

Patronized by :

Provincia di Varese

Comunità Montana Valli del Verbano (Varese)

Comune di Maccagno con Pino e Veddasca (Varese)

Comune di Tronzano Lago Maggiore (Varese)

Comune di Curiglia con Monteviasco (Varese)

Comune di Dumenza (Varese)

ASD Val Veddasca e Molinera Running